

# Victorian costume and lunch suggestions

## Girls

- Bonnet, scarf or straw hat
- Hair worn loose or in plaits
- Hair tied with ribbons
- Plain knee or calf length dress (or a skirt and top)
- Plain white apron
- Shawl or wide scarf drawn over head or shoulders
- Long socks or thick, plain tights
- Stout dark shoes or boots

If the weather is cold please bring a coat with you. Don't worry, it doesn't have to look Victorian!



## Boys

- Flat cap
- Handkerchief or scarf tied at neck
- Old shirt with collar cut off or tucked inside
- Trousers tucked into long socks, grey/black 'school' shorts or cut down old school trousers
- Button up waistcoat
- Long socks
- Stout dark shoes or boots

If the weather is cold please bring a coat with you. Don't worry, it doesn't have to look Victorian!

## Lunch

You might like to consider bringing a Victorian lunch to eat. In a time before supermarkets and fast food, there was no crisps or plastic wrapped chocolates or biscuits! Food could be brought wrapped in a cloth (i.e. tea towel), a basket, brown paper bag or in a tin rather than a plastic lunchbox. Food to include:

- \*Thick sliced cheese sandwich
- \*Bread and jam
- \*Pickled onions
- \*Cooked ham
- \*Boiled egg
- \*Fruit
- \*Gingerbread biscuits
- \*Shortbread
- \*Fruit cake
- \*Jam tart
- \* 'Traditional' lemonade
- \* Ginger beer