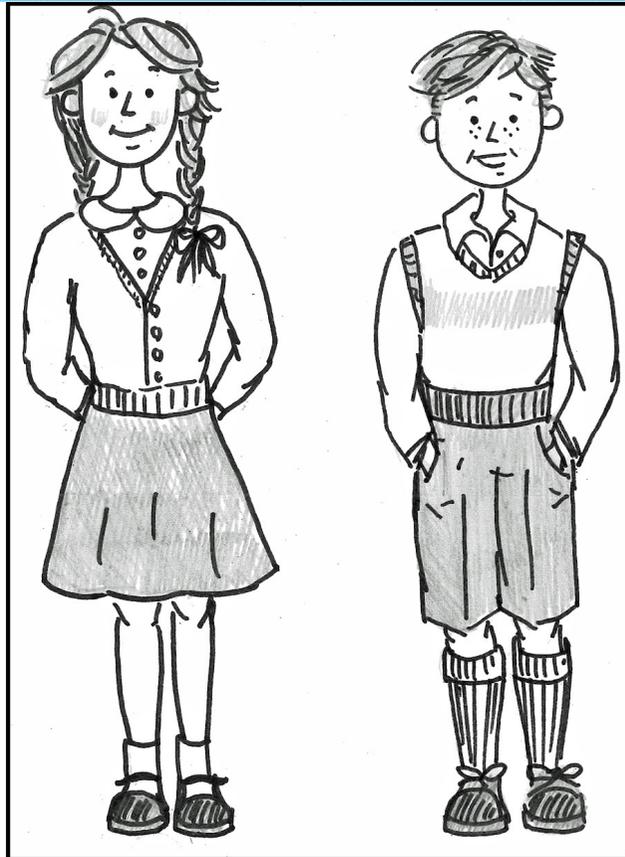


# 1940s costume and lunch suggestions

## Girls

- Straw hat, woolly hat or beret
- Hair worn loose, half up or in plaits
- Hair tied with ribbons or clipped with a slide
- Plain skirt and blouse
- Plain dress
- Knitted v-neck jumper or cardigan
- White long socks or ankle socks
- Plain shoes
- No logos

If the weather is cold please bring a coat with you. Don't worry, it doesn't need to be of a 1940s style!



## Boys

- Cap
- Hair combed in a side parting
- Plain shirt with a collar
- Knitted v-neck jumper or tank top
- Short trousers i.e. grey/black 'school' shorts or cut down old school trousers
- Blazer or plain jacket
- Long socks
- Dark shoes or boots
- No logos

If the weather is cold please bring a coat with you. Don't worry, it doesn't need to be of a 1940s style!

## Lunch

You might like to consider bringing a wartime lunch to eat. In a time before supermarkets and fast food, there was no crisps or plastic wrapped chocolates or biscuits! Food could be brought wrapped in a cloth (i.e. tea towel) a basket, brown paper bag or in a tin rather than a plastic lunchbox. Food to include:

- \*Corned beef, Spam or paste sandwich
- \*Bread with jam, margarine, honey or marmite
- \*Pasty
- \*Apple, pears, plums, scrubbed carrots or tomatoes
- \* Pickled onions
- \*Fruit cake
- \*Plain biscuits
- \*Gingerbread men
- \*Jam tarts
- \* Squashes and cordials
- \* Water